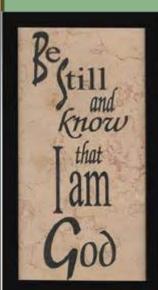
#### **NOVEMBER 2016**





#### **GOOD SHEPHERD LUTHERAN CHURCH & SCHOOL**



CELEBRATING 64 YEARS IN GOD'S SERVICE

Word from
Our Pastor

Dear Faithful People of Good Shepherd,

In Japan, a largely secular but homogenous society, there is a practice to still one's self before a meal. Everyone pauses before digging in, and they say one word. "Itadakimasu." This verb is in honorific form and is used to address a person of higher status than one's self. It means plainly "I humbly receive". The subject of "what" is received is not explicitly named, but the context of its use is when family and friends are gathered around a table for a meal. The person to whom this is said is also not explicitly stated and could refer to the person who prepared the meal, but the reverence surrounding this ritual suggests that it is addressed to Kami-Sama (God).

Twenty-seven years ago I was a student in Osaka Japan. Some of the Ameriean students and I decided to travel to Tokyo over a short break during the last week of November. On the night before what was Thanksgiving Day in the U.S., we committed ourselves to finding a place where a traditional Thanksgiving dinner was to be served. That Thursday morning we awoke to a cold rain and started calling all of the fancy international hotels in search of our dinner. By mid afternoon, however, we were convineed that we would have to miss the turkey, stuffing, and yams. Instead, we went reluctantly to an American theme restaurant and ordered ehicken dishes from a prefixed menu. Once at the table, however, our somber mood began to melt away once we realized that we had what we were looking for all along. We paused and said "Itadakimasu," using the language of our host country to convey our thanks to God. We had received from God the gift of togetherness, warmth, and food. It wasn't until we were <u>still</u> that we truly began to realize the blessing we had in that day.

Often we overlook God's blessings in our life because we have our hearts set on a dream or ideal that seems unattainable. "If I only had this or that- or if only things would go this way or that way." Perhaps it is time to listen to God's call to be *still* and to echo a word of thanks for what we do have.

Gathering regularly for worship helps to develop the ability to still oneself. As we gather together around God's table and humbly receive the sacred meal of Holy Communion each week our eyes are opened to the love of God. That special love radiates gentle warmth and conveys to us a genuine sense of belonging that is the source of inner and outer peace.

During this season of Thanksgiving I pray that we can pause often in the midst of the storms of life to honor God and thank the almighty for all of the blessings we have and continue to receive.

Itadakimasu!,

Pastor Cric Olaf Olsen+

# A WORD FROM OUR VICAR



As I write this, election day is less than two weeks away. And if you're like me, the thought of that day approaching so quickly probably just made a pit in your stomach. I, as many in our country and in our congregation, am anxious about the results of this election. It is not simply who the winner will be that I am worried about, although I certainly am greatly concerned about that. I am also deeply troubled about the great rift that has formed in this country and will only grow wider with the results of the glection. There will be bitterness, resentment, and self-righteousness on both sides. There will be a great need for God's people to engage in the ministry of reconciliation (II Corinthians 5:18-19). But as deep as this cultural-political raving is between those of us "with her" and those of us who want to "make America great again" there is also an enormous swath of the populace, perhaps even a majority of us, who do not know what to do on election day, who don't feel like either option represents their values and their views. This is an especially hard election for Christians as both major candidates seem to lack Christ-like qualities, both in personality and in policy. A great many people will hold their nose and vote for their candidate because at least they aren't the other candidate or at least they belong to the

right party. A great many people will vote third party either as a protest or as a desperate hope of disrupting the political process. And still many more will opt out of the system entirely and stag home on November 8<sup>th</sup>. Whatever the Christian does on election day, they must do so in accordance with their conscience; as Martin Luther said to Emperor Charles V: "it is neither safe nor right to go against conscience." We must all, therefore, also respect the bound conscience of our neighbors and of our brothers and sisters in Christ. But for those whose consciences are troubled, for whom the choice before you is unelear, perhaps I can present a few guiding principles as you weigh your options. Faith is not a thing divorced from politics or concerned with "spiritual" things alone. And as much as a separation of Church and State is both necessary and desirable, our faith compels us to civic engagement. We are called to care for our neighbors and about the world God has created and placed us in. And while our faith does not give us a God-ordained political program, it can provide us with ethics and values that can inform our political decision making. The Scriptures are full of political themes and values, and our Lutheran heritage also provides some rich resources to consider.

The first Biblical-political value to consider in the election booth and in all aspects of our lives is the inherent worth and value of human lives. Genesis 1:27 states that human beings are made in God's image and likeness. What could be a more radical statement of the infinite worth of human beings! Likewise, Genesis 10:4 states that the blood of the slain innocent "cries out from the ground" to God for justice, and therefore this great worth of human beings are all equally endowed with "inalignable rights." Before voting we should ask ourselves whether the candidate being considered will respect the rights and dignity due to every human person.

Next, because of God's great eoneern for the worth of human beings, God is *especially* eoneerned with the most vulnerable of society. "This is what the Lord Almighty said: 'Administer true justice; show merey and compassion to one another. Po not oppress the widow, the orphan, the align, or the poor" (Zechariah 7:9-10a). There are countless verses throughout scripture that repeat this "quartet of the vulnerable" as theologian Nicholas Wolterstorff calls it. It is not that God loves vulnerable and oppressed people more but that God has a special concern for those more likely to be made victims of injustice. This election eyele let us ask ourselves who these most vulnerable people in our society are – whose lives and rights are not being valued as they ought to be – and whether or which candidates will work to do justice by them.

Third, and in the same vein as the last two principles, our God is a God of peace. A God who detests war and violence and plans to one day do away with such things, as Isaiah 2:4 states "He shall judge between the nations and shall arbitrate for many peoples; they shall beat their swords into plowshares, and their spears into pruning hooks; nation shall not lift up sword against nation, neither shall they learn war any more." Jesus is ealled the Prince of Peace and part of his Gospel is that his reign will bring "peace on earth and goodwill among people." Let us ask ourselves which candidates have policies that will world. lead t o 1 @ \$ \$ war and make a morø peaceful Finally, God expects honesty, equity, and integrity from those who govern or have a large amount of power or influence (politically, geonomically, or religiously). God "detests dishonest scales, but accurate weights find favor with him" (Proverbs 11:1); this have commands us to "not pervert justice; do not show partiality to the poor or favoritism to the great but judge your ngighbor fairly" (Leviticus 19:15). Let us ask ourselves, is this or that eandidate a truth teller or do they have a reputation for dishonesty? Have they conducted themselves with integrity or do they have a reputation for taking bribes and giving out special favors? Do they have the interests of the people first or have they operated out of their own ambition? Let us consider which of these candidates can be trusted to earry out the duty of this great office with honor.

From the Seriptures we see God's concern for justice and peace for all people and the liberation from every form of oppression. Obviously no president can accomplish such things, at least not completely. Our faith is in Christ to save the world and not in any human ruler. We are simply tasked with the just maintenance of the world until that last day when Christ makes all things new. There are four candidates on the ballot in New York state: Donald Trump, fliary Clinton, Jill Stein (Green Party) and Gary Johnson (Libertarian Party). Test every candidate on the ballot according to these principles, and then enter the voting booth with humility and reverence and vote in good conscience, trusting God and asking for flis merey upon our imperfect decisions.



# A MESSAGE FROM OUR PRESIDENT

This newsletter arrives on the heels of our Fall Festival where we eelebrated our togetherness with good food, a brat and beer or two, cotton candy and popeorn, and great conversation. We enjoyed being with those who we sit next to every Sunday and welcomed back those who have moved away. Our kids rode on ponies, had their faces painted, begged for more tickets, gorged on sweets, mixed up food and drinks in the bounce house, sweated and smeared their painted faces, and we either frenetically chased them or contentedly watched them have fun depending on their age. We count ourselves blessed!

We entered another program year welcoming back Sunday Night Alive, Taize, Preacher's Pub, Sunday School, Junior Shepherds and Adult Education, and a brand new yoga class on Sunday morning. And a new face joined us! Vicar Adam arrived with

gnergy and spirit and threw himself wholeheartedly into our new program year. So many parishes have difficulty affording a full-time pastor, and very few can afford viears. This means many who would be pastors have no place to receive this hands-on training. We at Good Shepherd are in a unique position to help year after year in the training of future pastors. This has been a valuable part of our mission and outreach and our part in impacting the future of the Church. We count ourselves blessed!

As council president I have had the privilege of attending School Board meetings and have been impressed by the foresight this body had in understanding what was happening with Pre-K education in the public sector. While universal Pre-K is not offered in Plainview, it is offered in surrounding districts and this has negatively impacted our traditional programs. Moving to Infant Care and Full-Day Toddler was thinking ahead of the curve and offers welcomed assistance to families with newborns and toddlers to be nurtured and loved in a safe, caring, Christ-centered environment. While there are some budgetary issues in this transition year, we count ourselves blessed!

Even though we are kept abreast of the changes in our school through the director's report in eouncil minutes and Teresa Ratkowski's page in our newsletter, I feel a need to tout some things! For church schools such as ours where limited funds and tight budgeting is the norm, we have made tremendous strides in the area of technology. Since Teresa has become our director, the school website has been updated. Check it out at gsplainview.org. Content is still being worked on, but we look new, fresh, and inviting, plus it is easy to navigate. A grant written to the Lutheran Crusader Fund added an interactive Smart Table which can be moved from elassroom to elassroom. Council member A. J. Jin suggested Teresa write a grant proposal to Flushing Bank resulting in four I-Pads being added to each elassroom. Technology additions also improved school security, a hot-button topic in today's schools, through a parent fingerprint scanner and a video-monitoring camera for school access. The added benefit the camera brings is teachers do not have to leave a elassroom to open the front door and upset our mandated teacher student ratio which allows better elassroom management. All of this involved thoughtful planning and imagination, careful budgeting and outside gifts. We count ourselves blessed!

A combination of careful budgeting, good school enrollment, and member gifts have resulted in a contingency reserve of \$122,000 being built up over the last several years. What a blessing! In July Council allocated \$120,000 of this money towards areas that needed attention: cottage repair, gym windows, school marketing, the 2016-2017 projected budget deficit, and the parsonage renovation campaign. Your participation in FFG and generous giving has enabled us to address our mission and ministry as well as property concerns. We count ourselves blessed!

I am happy to be a member of this community of believers. It is difficult to walk away from a Sunday liturgy without being renewed, invigorated, and inspired. Our Pastor is exceptional in his sermons and as leader of worship, and the music shared by our organist, cantors, and choir makes my spirit soar. I leave nourished and ready to face another week. Are we perfect? No. Do we disagree, are there things one might take issue with? Of course! But there are many more ways to count ourselves blessed!

Can I ask a favor? Will you take pause for a little bit, sit down, take off your shoes (eause you'll need your toes) and figure out how much we are blessed as a congregation, and when you are done with that, start enumerating the blessings in your own personal life. Before you are even partially done, you will "count yourself blessed."



Over the river and through the wood, To grandmother's house we go; The horse knows the way to carry the sleigh, Through the white and drifted snow! Over the river and through the wood, Oh, how the wind does blow! It stings the toes and lites the nose, As over the ground

we go.

# A MESSAGE FROM OUR SCHOOL DIRECTOR

Dear Family & Friends of Good Shepherd School:

One of my earliest memories is my mother singing this song to me each Thanksgiving as we were bundling up to go to grandmother's house. A little known fact is that the author of this song was a woman named Lydia Maria Child, who was one of the earliest American women to earn a living from her writing.

The time to fall back is coming quickly; on Sunday, November 6<sup>th</sup>, Daylight Saving Time for 2016 comes to an end at precisely 2 a.m. in the morning and won't return till 2 a.m. on March 12, 2017. We get an extra hour of sleep on November 6<sup>th</sup>, and while some people don't like losing the hour of afternoon daylight, the extra hour of sleep is much needed especially during this busy season.

The Good Shepherd Lutheran School is a whirlwind of activities as we move from the Fall flarvest Festival and pumpkin parties into the "Thanksgathering" parties, the tree lighting, and the Advent Liturgies. In addition, there are many Parent Teacher Club sponsored events happening in the school: the Prestige Catalog sale with lots of holiday-themed presents, the Little Clves Gift Shop, a Gingerbread Workshop, and Drop-Off Movie Night, all taking place now and throughout the month of December. Whew! It makes my head spin thinking about the logistics, planning, communicating, etc. It seems we are moving very quickly "over the river and through the wood" into the midst of the holiday season.

The children's Bible verse for the month of November is: Psalm 136:1 "Give thanks to the Lord for he is good. His love lasts forever." Please take some time to reflect on what is really important during this month of thanks and also of giving. We hope everyone will appreciate the true meaning of the holiday season as families prepare their Operation Christmas Child shoebox, bring in a coat to be donated or bring in a food donation for each November Chapel on Mondays.

thave you picked up your decorated shoebox to pack for Operation Christmas Child? If we run out of the pre-made decorated shoeboxes, you will still be able to decorate your own shoebox and pack it with presents for either a boy or a girl. Please come by the school office and pick up the packing directions and labels, this is all you need! The packed boxes are due in the school office on November 9<sup>th</sup> and they will be shipped all over the world to needy children.

The school is also collecting gently-used winter coats beginning in November and throughout the winter months. All coat donations will be taken periodically to the New Life Center in Uniondale, NY, along with the donations of canned food and food staples.

We truly have a lot to give thanks for here; due to an incredible effort by countless people, the Fall flarvest Festival raised a lot of money for us to be able to purchase the new playground fence. In addition, the money will bring even more technology into our school to go along with the new mobile Smart Table and the I Pads for each classroom, courtesy of A.J. Jin and Flushing Bank.

Last but not least, we are truly thankful for the children who come here each day with bright smiling faces and to our parents for entrusting their children to us. We ask that you continue to keep the staff and school families in your prayers.

Peace and Blessings,

Jugo Katkash

Teresa Ratkowski Director



www.AriSonRecords.com

God is Great

www.JennieWilliamson.com

# God is Great! CONCERT



By Christian Recording Artist Jennie Williamson from Nashville, TN BENEFITING "THE CURE STARTS NOW - NY CHAPTER" in honor of Amanda Kuck

Thursday, November 3, 2016 | 6:30pm Good Shepherd Lutheran Church / School 99 Central Park Rd, Plainview NY INVITE YOUR FAMILY and FRIENDS!!! Potluck Soup and Sandwich Supper in School Gym at 5pm

# 10th Annual Plainview-Old Bethpage INTERFAITH THANKSGIVING WORSHIPSERVICE

# Tuesday, November 22, 2016 at 7:00pm

*Hosted by* Temple Chaverim 1050 Washington Ave., Plainview, NY 11803

## You are invited to a Community Interfaith Thanksgiving Worship Service

A time for gathering and refreshments will follow the service. Let us celebrate our national holiday by thanking the one from whom all blessings flow.

# All are Welcome!

### Please bring canned / non-perishable food items to donate to Long Island Cares.®

For more information, contact a local faith community:

Good Shepherd Lutheran Church Manetto Hill Jewish Center Plainview Church of Latter-Day Saints Plainview Reformed Church St. Pius X Roman Catholic Church

UNION FOR

ECHURCH JESUS CHRIST ATTER-DAY

**REFORM JUDAISM** 

Guru Gobind Sikh Center Masjid Al-Baqi Plainview Jewish Center St. Margaret's Episcopal Church Temple Chaverim

## SPONSORED BY THE PLAINVIEW-OLD BETHPAGE INTERFAITH CLERGY COUNCIL



apart the Sundays of this expectant season. One candle is lit on the first Sunday and each succeeding Sunday another is lit, until, immediately before Christmas, all four candles are burning brightly. The candles are blue, the color of hope, to symbolize the anticipation of the time when Christ will come: as the baby in the manger and when he will be recognized by all people everywhere as King of kings. The table at which your family gathers for meals is the perfect place to light your Advent wreath, every day, as you welcome Jesus into your heart and home.

All school families, Sunday School families & members of the congregation are invited to make your own Advent Wreath. Join us in the gym on

# Sunday, November 27th, at 9:00 am

Join us for worship before (8am) or after (10:15am) or later: Christmas Tree Lighting (5:00 p.m.) & worship (6:00 p.m.)

Cost: \$10 (pre-paid) to cover materials (\$5 if you already have a frame)

Wreath frame, greens, wire, candles will be provided. Please bring garden clippers or scissors. (We suggest one wreath per family unless you have extra adults to assist children.)

Reserve your materials by returning the lower portion of this flier with your payment to the school office no later than

## Monday, November 21st

Cash or check....please make payable to Good Shepherd Lutheran Church

We will participate in the Advent Wreath Making on Sunday, November 27<sup>th</sup>

Family Name \_\_\_\_\_ Phone \_\_\_\_\_

# of Wreaths \_\_\_\_\_ @ \$10/wreath Total Enclosed: \$\_\_\_\_\_

(\$5/wreath if you have a frame from last year)





You are Cordially invited to this annual tradition on **Sunday, November 27 at 5:00 p.m.** The ceremony will feature performances by the **Plainview-Old Bethpage John F. Kennedy High School Mixed Choir** as well as the Children of Good Shepherd Lutheran School.



# 

Dear Good Shepherd Friends & Family:

Do you or any of your friends own a business that would consider taking out a sponsorship ad in two upcoming church programs? If not, perhaps your employer? Following is the information/prices for an ad in the songbook during the community Christmas Tree Lighting on November 27<sup>th</sup> and the School's Advent programs in mid December.

We have three levels of sponsorships:

• The Friend sponsorship which is a business eard advertisement in both programs for \$100 total

• The Partner sponsorship which is a ½ page advertisement in both programs for \$250 total And the Shepherd's Sponsorship, which is a full page in both programs for \$500 total A special thank you listing each sponsor as well as their advertisement would also be posted on our Facebook page. In addition, if anyone from an advertiser's organization will be attending the Christmas tree lighting, they need to let us know & we will be sure to give them recognition from the TOB showmobile. All advertisement copy must be e-mailed to church@ourshepherdlives.org by noon on Monday, November 22<sup>nd</sup>. Pay-

ment must be made upon agreement by eash or check payable to Good Shepherd Lutheran Church & School.

If the advertiser has no artwork available but has a website, we will be happy to create an ad on his/her behalf.

Thank you for your support.





Once again, we will be providing presents for those who are in need, and our angel Christmas tree will be appearing in the narthex any minute. You will then have the opportunity to participate in this worthwhile charitable event. Please consider taking a name of a person in need for whom you will buy two gifts and will help to make their Christmas merrier. Keep an eye out for that tree & thank you for your consideration. www.ourshepherdlives.org



Our church website has been redesigned with a fresh new look and is now live! It is intended that the new site would be a "go-to" site for our members as well an inviting place for visitors looking for a church home. The site can now be viewed in a full screen or on a mobile device.

As on the old site there are quick links to access recent sermons, Pastor's most recent column, our online calendar, which is automatically kept up to date, and the monthly newsletter, which can be downloaded in living color.

New features include:

- + A slider on the home page where you can find information about upcoming events, ministry team announcements, and photos of recent events.
- + A Welcome tab inviting site visitors to find out more about Good Shepherd, and an online form that can be sent to us with prospective member information.
- + In an exciting new area called Faith Formation, you can find opportunities to Grow Your Faith through links to personal devotion sites and family activities.

The site will evolve over time as content is revised and new features are added. And that is where you come in.

A New Communications Team has been established to oversee content revisions. If you would like to be part of that process or have suggestions to make the site more informative or friendly, email them to: webmaster ourshepherdlives.org. All suggestions will be taken into consideration.

It is hoped that ourshepherdlives.org would become an integral part of our congregational life and be used by all our family members. So please access the site and bookmark it. You may learn things about your church that you never knew. Share it with your family and friends and be sure to let us know what you think.

-submitted by Bob Rickmeyer





Victoria Shenko-Jacobson

DATE	SERVICE	ASSISTING MINISTERS	LECTOR	USHERS (10:15 a.m.)	ETHEL'S COFFEE HOUR
November 6 Twentieth Sunday of Pentecost	8:00 a.m. 10:15 a.m. 6:00 p.m.	Karin Kienle TBA Kathy Ocker Sunday Night Alive	Ellen Sangesland	Patty Larson The Saueracker Family— George & Melissa, Josef & Jack	Social Ministry
November 13 Twenty Fifth Sunday of Pentecost	8:00 a.m. 10:15 a.m. 6:00 p.m.	Bonnie McGowan Terry Miccio Anne Rickmeyer Lori DeFilippis	Helen Kwong- LaBarbera	Richard & Ellen Benson George & Inara Hirn	Education
November 20 Christ the King Sunday	8:00 a.m. 10:15 a.m. 6:00 p.m.	Tom Benson Marge Wenger Christin Walsh Taize	Paul Wenger	John & Bonnie McGowan Sue Devine Jim & Wendy Jansky	Please Consider Hosting
November 27 First Sunday of Advent	8:00 a.m. 10:15 a.m. 6:00 p.m.	Dell-Ann Benson John Schwaninger Anne Rickmeyer Lori DeFilippis	Lori Mason	Cathy Aldrich Dean & Annmarie Brown Karen Faucera	Please Consider Hosting



John Beers ~ 11/15 August Berger ~ 11/01 Christopher Berger ~ 11/04 Gerry Bergold ~ 11/13 Mary Bonano ~ 11/15 Stephanie Brienza ~ 11/09 Austin Carrieri ~ 11/18 Briana Conforti ~ 11/10 Sue Curran ~ 11/19 Christine Dondero ~ 11/21 Thomas Genovese ~ 11/18 Helen Gscheidle ~ 11/22 Candace Haney ~ 11/22 Erik Hansen ~ 11/21 Leigha Jansky ~ 11/21 Jonathan Kil ~ 11/24 Faith Kontonis ~ 11/8 Danielle Kovel ~ 11/30

Emerson Lacasse ~ 11/03 Katring Lindenfeld ~ 11/25 Ryan McGowan ~ 11/28 Judy Misulia ~ 11/22 Ethan Mulada ~ 11/26 Olivia Mulada ~ 11/26 Kevin Ocker ~ 11/03 Avery Rausch ~ 11/14 Loretta Ruff ~ 11/21 Rosalyn Santonocito ~ 11/4 Melissa Saueracker ~ 11/17 Kauleigh Savarese ~ 11/11 Reo Sawada ~ 11/15 Ryan 🗉 Joseph Schwartz ~ 11/11 Bobby Stainkamp ~ 11/15 Marieline Strauhs ~ 11/23 Nancy Tucker ~ 11/15 Ruth Winnes ~ 11/08

Birthday

Happy Anniversary MaryJo E Scott Blackmon 1 year on 11/15

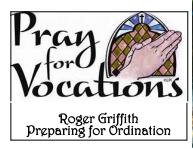




Doreen Alexander (Karen Faucera's friend), Maureen Kelly Araujo, Doris Aun (Riekmeyer family friend), Charlie Aviano (Garcia family friend), Katherine B. (Alice Vorstadt's friend), Jean Baker (Gail Kelly's mom), Alex & Derek Bartkow, John Bennet (Jennifer Lee's relative), Paula Bennett, Joe Berardino, Joe Berardino, Martha Berardino, Gerry Bergold, Katharina & George Burger (Kathy Schindelheim's relatives), Cleanor Bierlmaier Dugan, John Binsfeld (Benner family friend), Cdwina Bishop, Cherish Bliefernick (Cisele/Vorstadt friend), Janet Brazel (Terry Miccio's relative), Joann C. (McGowan family friend), Olga Colandro (Olsen family friend), Brad Carbong & family (R. Benson

family friend), Lynn Carlson, Jennifer Carrieri, Bill Carroll (Rose Minnick's friend), Jerry & Diana Castaldo (Brown family friends), Gisela Conforti, Baby Maya Contreras & family (Alice Vorstadt's relatives), David Cronin, Chris Cucci, Jessica Czarnecki (Cathy Vollono's friend), Christine Daigle (Angel Lorch's friend), Frank Dell'Aquila (GSL teacher Diane Kideris's father), Claudia DeMauro, Georgeann Diblasi (Sue Wakefield's relative), Ken Dixon (Pastor Olsen's friend), Denise Donitz, Rich Poughty (Krista Contos's friend), Anna Puda (Penise Bartkow's mother), Lorraine Puffy, Steven Pux (Irma Carlson's friend), Lisa Engelke (Rickmeyer family friend), Becky Ernst (Paul Wenger's cousin), Julie Esposito (Christin Walsh's friend), Matthew F. (MeGowan family frignd), Richard Faithfull, Jr. (Grappong family frignd) Suzanne Falkowitz (Annmarig Brown's frignd), Rieky Fedyk (Sue Wakefield's friend), Pat Fiedler, Irene Fields (Vincent Cronin's sister), Agatha Filagrossi, Norma Gattulli (Kathy Prinz's friend), Len Ganz (Sue Devine's friend), Jackie Gentner, Anne Georgi (Karen Faucera's friend), Lilah & Jim Gillett (Kathy Prinz's friends), Tim Goodell, Jessica Gruenfelder (Lori Mason's colleague), Tom Gueeiardo (Olsen family friend), Carl Gseheidle, Naomi Haarhaus, Liz Haley, Kenneth Hall (Ronn's brother), Sean Harrison (Loreh family friend), Ellen Harvey (Terry Miceio's friend), Doug Heigo (Patty Larson's friend), Diane Helmers, Kevin Hiekey, Margaret Holleran (Eleanor Pearson's frignd)Renee lannong (Irma Carlson's nigeg), Imari (Kargn Fauegra's frignd), Michellg Jackowdik (Annmarig Brown's relative), Gary Jacobs (Anne Rickmeyer's relative), Ben Jankowski, Bill Johnson (Kitty Hall's relative), Bobby Johnson, Jim Juergensen (Wenger family friend), Robin Kane (Rose Minnick's relative) Kristen & Mario (MeGowan Family friend), Peter LaBarbera, Kenneth Lane, Martha Langjahr, Roger Luedtke, Lois Lengenfelder, Dr. Lorna Lewis, Isabella Graee Leraei (Brown family frignd), Jean Lombardo (Rickmeyer family friend), Angel, Phillip & Christopher Lorch, Lorraine (R. Benson family friend), Ron Lupi (Meyer family friend), Kim Maea (Kathy Prinz's friend), Joe Marino (Annmarie Brown's relative), Vançssa Masih (Lisa Caechioli's student's sister), Virginia Marshall (Sue Devine's friend), Matt Massueei & his family (Vollono family friend), Piane Matales (Lilli Schulz's friend), Steve MeCoy (Sue Wakefield's friend), The McCullough family (Vorstadt family friend), Patti MeSkane (Kathy Prinz's friend), Annette Meitzner (Roy Steinhilber's friend), Teddy Moore (Miceio family friend), Charlie Miranda, Maryellen Moyse, Karen Murphy (Donna Hickey's friend), Kristen Odmark & her family (R. Benson family friend), Poris Onderdonk (Mason family friend), Kenny O'Keefe (Maureen Cooke's friend), Meghan Ortega (Lisa Olsen's niece), Joanna P. (Lori Mason's friend), Erie Page (Karen Faucera's friend), Shari Paterakis, Hayley Pawlenko, Bob Podewils (Boy Scout leader), Mark Prowatzke (Panny Wenger's father in law), Nicole Richards (Karen Faucera's friend), William Roach (Pat Figdler's brother), Justin Rogers (Karin Kienle's nephew), Glenn Schabel, Margaret & Craig Schumacker (John Mark's relative), Lisa Shaffer (Kathy Prinz's friend), Ken Sharvin (Pastor Olsen's friend), Chris Shroyer (Austin Flink's friend), Diang Sicea (Debbig Garcia's sister), Ed Sigring (Marge Wenger's brother) Jennifer Sorenson (Cathy Vollono's friend), lan Spadaro, Matthew Spangler, Judy Stal (Christing Adolphus's daughter), Ken Steffens, Ruth & Charlie Strakele, Tara Stratton (Anne Rickmeyer's friend), Ed Strauhs Carter Suozzi, (Kevin Ocker's colleague's grandson), Baby Raymond Tarnok (Pat Fiedler's nephew), Joyce Tare, Debbig Tassi (Denise Donitz's sister), Dorothy Turauckas, Brittany, Greg, Samantha & Sue Thomas, Sheryl Tubiolo (Karen Faucera's friend), Marion Tucker (Nancy's mother), Barbara Tung (Karen Faucera's friend), Porothy Turaukas, Ponald Unger, Sarah Waters (Lisa Olsen's colleague), Clifton Weed (Fiedler family friend), Maya Wenger, Marilyn Weyant (Maisch family friend), Annie Wilkom (Wenger family friend) Sara Williams (Anne Rickmeyer's friend) Arlene Wittwer, Valerie Wykes (Mason relative) Brother George Zenle (Wenger family friend) Jennifer & Nicole (Genevieve's Helping Hands).

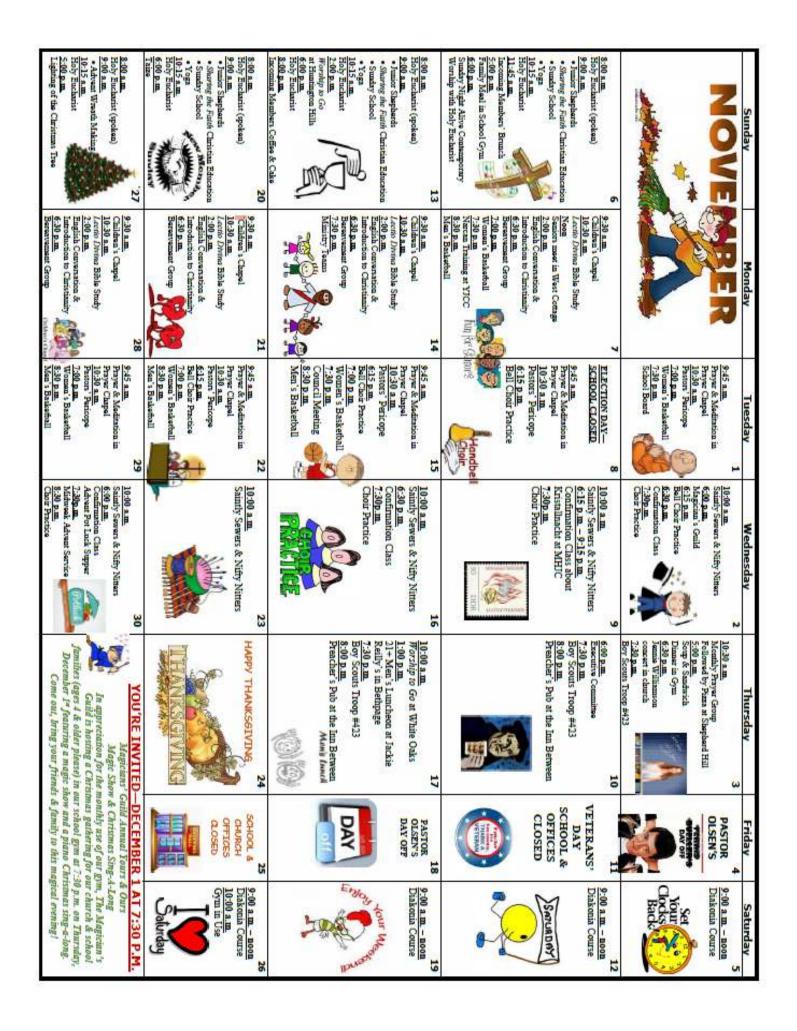
n memory of their dad, Odd Sangesland's children, Laura, Steven & Marianne arranged all his awards and trophies on the front steps and took this picture.







Keith & Kyle Calderone (Army), SGT Sean flassett (Lori Mason's cousin), CPTs Brian & Daniel McGrath (Grappone family friend), MAJ Paul Riekmeyer, Captain Robert Saueracker, LTC. Phillip Sounia, USMC, Corporal Nicholas Ventrelli-O'Connell (Patty Larson's family friend).



### LONG ISLAND

# 2 streets renamed for firemen

#### BY DAVID OLSON david.olson@newsday.com

The Town of Hempstead yesterday dedicated two streets to Westbury firefighters who rushed to Manhattan to help victims of the 9/11 terror attacks and died years later of cancer from exposure to toxins at Ground Zero.

Fortunate JoAnn Schultz, the widow of Richard Dellacona, who was Westbury fire chief on Sept. II, 2001, said being able to see a red "Richard Dellacona RD" sign from her front window every day is a "blessing." "Tm going to look at it and be proud," she said after the dedi-

"I'm going to look at it and be proud," she said after the dedication ceremony. "But, honestly, I'd trade it in a heartbeat to have my husband back. He was a proud, gentle, incredible man."

Dellacona and the other firefighter honored yesterday, Robert J. Langer, didn't hesitate in hurrying to Ground Zero after hearing of the attacks and spending weeks there ingesting carcinogens while doing search and rescue work, family members said.

Dellacona died in 2012 at age 60 of leiomyosarcoma after 33 years with the department. Langer died last year of pancreatic cancer; he was 62.

Karen Langer said after a ceremony that featured a fire department color guard and speeches lauding her husband's courage that the 27-year firefighter "would have been very embarrassed that this was all for him."

"I wish he was here," she said as she stood near the red sign with "9-11" written in white letters in the corner, the World Trade Center in the background. "But I know he has a front-row seat up there, definitely."

Langer was a driver for Newsday for more than 30 years.

For Langer, the sign is bittersweet, for soon no Langer will live on Robert J. Langer Lane.

"None of us are going to be able to enjoy it," she said.

Fortunate JoAnn Schultz and grandson, Michael Giudice Jr., get sign from Supervisor Anthony Santino.

Langer said that less than a year after her husband's death, she was unable to continue making mortgage payments on the house where the couple raised their three children and where her husband grew up.

The \$18,000-a-month cancer drugs had eaten up her husband's savings and 401(k), despite financial assistance from the fire department. The home went into foreclosure. A short sale is now pending, said Langer, who lives with their daughter, Katherine, in the house.

The street dedications were the second and third in the past 13 months in honor of 9/11 firefighters who lived in the Salisbury neighborhood of West-



bury. Blocks away, a street in September 2015 was named for Gerry Walsh, a retired NYFD firefighter who died in 2014 at age 58. Town Supervisor Anthony

Town Supervisor Anthony Santino said the 9/11-related deaths of first responders years



Robert J. Langer

after the attacks reopened emotional wounds.

He said at Langer's ceremony that the firefighter "is emblematic of the ongoing pain and anguish that has been inflicted upon our nation and families by the terrorists of 9/11."



You are invited to participate with your child in filling a "shoebox" with gifts for a boy or girl. These boxes are then shipped to needy children all over the world.

"Go therefore and make disciples of all nations." Matt. 28:19



Please consider participating in this exciting event by requesting your decorated shoebox with packing instructions from the school office. Packed shoeboxes must be returned by November 9, 2016.



## **Christmas Tree Lighting**



Join us for our annual lighting of the Christmas tree November 27<sup>th</sup> at 5 pm. Children from Good Shepherd Lutheran School will sing and refreshments will be provided by the Parent Teacher Club after the event. This is the way to begin the holiday season!

# **Advent Liturgies**

Save the dates:

December 14<sup>th</sup> and 15<sup>th</sup> at 5:30 PM



## November Brings Technology!

The school now has a mobile Smart Table and IPads in every nursery and pre-K class. We are very grateful to have received a grant from LuHi for the Smart Table and a grant from Flushing Bank and A.J. Jin for the IPads. These things are perfect for our new S.T.E.M. Program!



## October 19, 2016



#### Meditation & Centering Prayer Returns on Tuesdays!



Long-practiced within Christianity in monastic communities, meditation and centering prayer is now finding its way back into the mainstream and back onto our Good Shepherd schedule. We will gather every Tuesday at 9:30 a.m. – 10:15 a.m. in the Prayer Chapel for guided meditation and centering prayer. Come experience the peace which this practice

brings.

#### Something Missing from the Newsletter?

Was your birthday not listed? Did we miss your anniversary? That doesn't mean we don't love you...it only means it's not in our database. Please e-mail us and let us know. Also, if you have a special announcement you'd like included in a newsletter, please let us know! Just C-mail to Maureen at church@ourshepherdlives.org

#### Did You Move & Not Tell Us?

Please let us know when you move. We know some of you did because we get notifications from the post office, but it is often when we send you time-sensitive information that gets returned quite a while later (and we get charged for it!). A short and sweet notification e-mail would be appreciated. Thank you.

GOOD SHEPHERD LUTHERAN	С   П
<u>CHURCH &amp; SCHOOL</u>	П
99 Central Park Road, Plainview, NY 11803	Π
Phong: 516-349-1966	Π
C-mail: church@ourshepherdlives.org	
school@ourshepherdlives.org	
Websites: ourshepherdlives.org	
gsplainview.org	
Facebook: Good Shepherd Plainview	
Good Shepherd Lutheran Church and School	
Ministers: The Members of Good Shepherd	
Reverend Cric O. Olsen, Senior Pastor	U
Teresa Ratkowski, School Director and Organist	U
Maureen Cooke, Church Secretary/Newsletter Editor	П
Vançssa Bigam, School Secretary	U N
<ul> <li>Stephanie Tauz, Newsletter School Pages Designer</li> <li>Cd Indellicati, Accountant/Bookkeeper</li> </ul>	П
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45 Manetto Hill Road • Plainview, NY 11803-1396 (516) 822-3535 • Fax (516) 822-3288

October 24, 2016

Pastor Olsen and Parishioners of Good Shepherd Lutheran Church 99 Central Park Road Plainview, NY 11803

Dear Pastor Olsen,

I would like to thank you and the members of Good Shepherd Church for the continuous support of food items and coupons donated to our food pantry here at the Mid Island Y JCC. Each week, Martha Peterson collects the items and delivers them to us. Every food order that is filled has coupons placed in the bag for recipients to use. It is a wonderful way to assist those we serve.

In our first year that the pantry is in operation, we have helped approximately 1,000 individuals and every day we receive new requests for assistance. The food pantry accepts donations of non-perishable food items, toiletries and household supplies. We provide assistance to seniors living on fixed incomes, individuals and families experiencing health and financial crises. Our mission is to provide nonperishable food and household supplies in a caring and dignified manner to Long Islanders struggling with food insecurity and poverty.

It is good community partnerships that allow the Mid-Island Y JCC to continue to serve over 20,000 members, non-members and the local community with the programs and services they need to continue living productive lives.

We are grateful for your support look forward to working together again.

Kind regards,

Gail Warrack Director of Volunteer Services

#### Lutheran Counseling hope and healing Center

### JPDATE FOR NOVEMBER 2016

WITH COUNSELING SITES LOCATED IN: NASSAU SUFFOLK MANHATTAN QUEENS WESTCHESTER Prepared especially for LCC Association Congregations & Schools

### Pornography: Looking at the Real Dangers

#### By Chris Abatelli, LMHC, LCC Psychotherapist

Most people are reluctant to discuss the topic of pornography, often labeled 'porn' for short, because it is either considered a taboo subject not to be discussed or it is seen as not being a problem, having become more acceptable in today's society. The rapid spread of pornography has become one of the digital age's legacies because of the ease at finding and visiting online porn sites. It is estimated in one random study that over 40 million people in the United States visit porn websites on a regular basis.

The media and others have exploited incidences of porn addiction of politicians and other leaders as well as stories of women being objectified by men. But studies confirm that the majority of young men and slightly less than half of young women think that watching sexually explicit material is okay and that watching porn has no negative consequences.

Studies done by Nathaniel Lambert sponsored by Brigham Young University (Lambert, Negash, Stillman, Olmstead, Fincham study, 2012) have shown that women whose partners watch porn regularly think less highly of those partners and view porn as more of a threat to the stability of their relationship. It also found that watching sexually explicit materials does have an effect on one's marriage by diminishing the relationship commitment. In five separate experiments involving participants aged 17 to 26 who were in a romantic relationship for at least three years, the men and women involved in watching porn had a lowered commitment to their partners. The list of negative consequences of such behavior goes on and on.

In a study by Amanda Maddox (Maddox, Rhoades, Markman study of 2011), men and women in romantic relationships, ages 18 to 34 who had porn-free relationships proved to have a stronger bond and had a lower rate of infidelity and insecurity in their relationships. The "fantasy alternative" that some say it provides appears to often lead to real world cheating on one's spouse. It also affects families and children. Many studies show the damage that porn has done after the marriage has dissolved and its tendency over time to 'consume' the individual. The one thing I hear constantly is that "it's not a problem," "I can control it," and "I will know when it becomes a problem". But the truth is that it can take control of a person so quickly that they may not realize the dangers involved before it has drastically changed their lives.

Porn does affect a broad range of people from all walks of life, from teachers, to students, church workers, fathers, mothers, and family members. But it is something you don't have to face alone. Believing that "I can handle it by myself" is not the answer. In some cases, careers are being ruined and families are being torn apart. The downside is that in our current environment, too many people are seeing their lives turned upside down as pornography has increasingly gained considerable control of their wellbeing sexually, psychologically, socially, financially and in some cases, physically.

You need and must have a team on your side for support and for accountability to yourself, your spouse, and Christ. We are called to "Bear one another's burdens, and so fulfill the law of Christ" (Galatians 6:2). We need the support of others to build positive relationships, to hold us accountable, and to find forgiveness and hope in Christ to overcome our individual struggles.

Lutheran Counseling Center is interested in forming an anonymous and confidential support group for those struggling with pornography. Call us at 1-800-317-1173 if you are interested in being a part of such a group.

Mr. Chris Abatelli, LMHC, has a Master's of Educational Psychology in Adjustment Counseling as well as a Certificate of Advanced Graduate Studies (CAGS) in Counseling from American International College. He counsels children, teens, couples and adults at LCC's Dix Hills and Patchogue community counseling sites.

Contact Lutheran Counseling Center at 1-800-317-1173 or e-mail us at <u>Center@lccny.org</u> for more information or to set an appointment.